

September 2020 St. Johns Primary school



Phase 2 Introduction of Hot Meals

(Served in each bubble)

Week Commencing – 12.10.20

Meat Free Monday
Jacket Potato with Beans (DF) and Cheese (GF)(V) Served with a Mixed Salad
Homemade fruit Muffin (V)(DF) Or Fruit Piece
Tuesday
Pasta with Homemade Tomato Sauce (V)(DF) Served with Garlic Bread (Gluten Free Pasta Available)
Fresh Fruit Salad Pot (V)(GF)(DF)
Wednesday
Farm Assured Sausage or Quorn Dippers (V) Served with Mash and Peas
Homemade Fruity Flapjack (V)(GF)(DF) Or Fruit Piece
Thursday
Pasta Bolognaise (DF)(GF) or Veggie Bolognaise (DF)(V) Served with Mixed Salad (Gluten Free Pasta Available)
Yogurt Pot (V)(GF) Or Fruit Piece
Friday
Battered Fish Fillet Or Homemade Vegetable Sausage Roll Served with Chips and Peas (Gluten Free Fish Fingers Available)
Ice Cream Pot (V)(GF) Or Fruit Piece